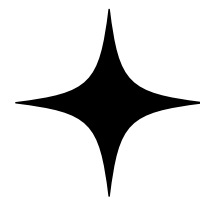


30 SIMPLE WAYS TO SERVE



SHARE A FAVORITE BOOK

TAKE DISHES TO THE THRIFT STORE

TAKE SOMEONE TO AN ACTIVITY

TALK TO SOMEONE

WRITE A LETTER

TREAT A COWORKER TO A SODA

SEND A THANK YOU NOTE

TREAT SOMEONE TO A SNACK

GIVE A COMPLIMENT

CHEER SOMEONE UP WITH A FLOWER

SMILE & SAY HELLO

GO TO A FRIEND'S CONCERT

PRAY FOR SOMEONE

TAKE SOMETHING TO THE FOOD BANK

CARE FOR A NEIGHBOR'S PLANTS

DRIVE IN A COURTEOUS WAY

REMEMBER & CELEBRATE A BIRTHDAY

BE KIND TO CHILDREN

GIVE SOMEONE A RIDE

HELP IN THE KITCHEN AT A PARTY

SHOVEL A NEIGHBOR'S WALK

SUPPORT THOSE IN CHARGE

EAT LUNCH WITH SOMEONE

SMILE WHILE WAITING IN LINE

TAKE LUNCH TO SOMEONE WHO IS SICK

CHECK IN ON A FRIEND

TAKE OUT A NEIGHBOR'S GARBAGE CAN

HELP WITH AN ACTIVITY

TAKE CLOTHES TO THE THRIFT STORE

SMILE WHILE ON THE PHONE